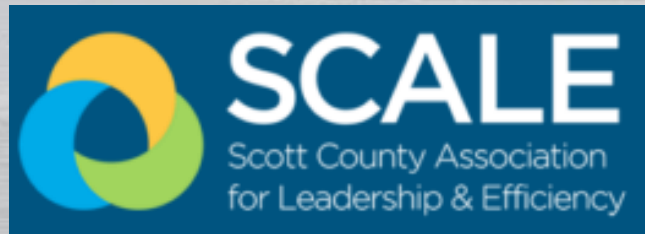




in partnership with



Explore and experience
your regional parks: who
should we be talking to?



May 14, 2021



In Partnership



in partnership with



Scott County and Three Rivers Park District partner to deliver outdoor recreation and natural resource protection. The partnership is operated under a Joint Powers Agreement that calls for collaboration and resource sharing to collectively operate the regional park and trail facilities in the county. It is based on a partnership vision of maximizing the expertise and resources of each organization and our community partners to support efficient delivery of quality outdoor recreation and land conservation.

In Partnership



in partnership with



- Scott County funds all direct costs
- Annual operating budget: levy contribution of \$1,526,000
 - County population - 150,000
 - Per capita: \$10
- Annual visits to the Scott County regional system
 - 850,000

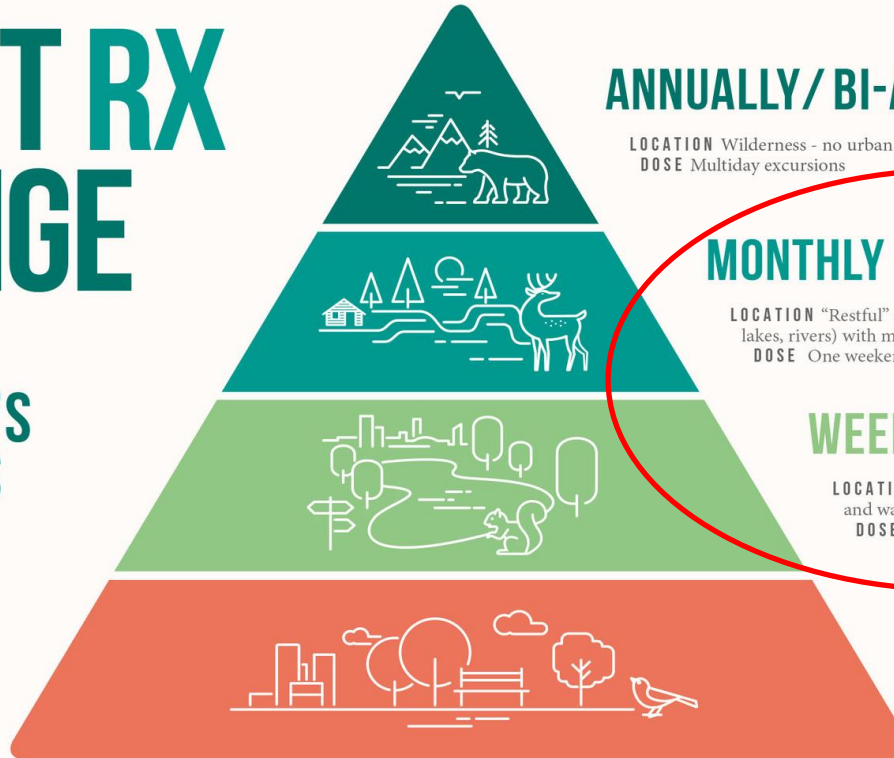


Parks & Trails



THE SHIFT RX CHALLENGE

TAKE YOUR DOCTOR'S
RECOMMENDATIONS
FOR PHYSICAL
ACTIVITY OUTSIDE



RECOMMENDED "DOSES" OF NATURE

Should be taken in conjunction with The U.S. Department of Health and Human Services' Recommendations for Physical Activity.

At least 30 minutes of moderate-intensity aerobic activity at least 5 days per week for a total of 150 minutes outside in nature;

OR

At least 25 minutes of vigorous aerobic activity outside at least 3 days per week for a total of 75 minutes outside in nature;

OR

A combination of moderate- and vigorous-intensity aerobic activity outside in nature;

PLUS

Moderate - to high-intensity muscle-strengthening activity at least 2 days per week outside in nature for additional health benefits.

WWW.SHIFTJH.ORG

Cedar Lake Farm Regional Park

- Great lakeside access
- Boat rentals in the summer
- Swimming beach with play feature
- Hiking trails
- Ice fishing in the winter
- Programs and summer camps
- Open air group picnic shelter
- Accessible trail loop
- Group campsite
- Fishing Pier
- Picnicking



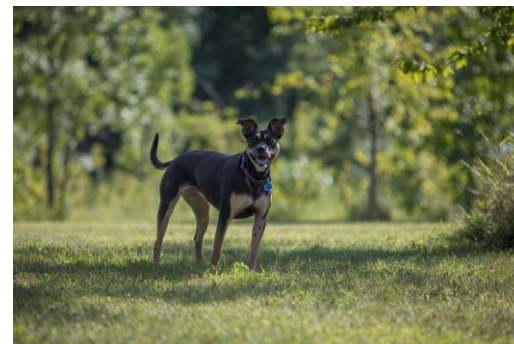
Cleary Lake Regional Park

- Great park for all seasons
- Equipment rentals
- Paved lake loop and unpaved hiking trails
- Golf course
- Dog Off-Leash Area
- X-Country ski (6mi; 2.8 lighted)
- Individual and group campsites
- Swimming beach
- 9-hole golf, driving range
- Foot golf
- Boat rental
- Fishing Pier
- Volleyball/Horseshoes
- Boat launch
- Picnicking
- Play area
- Programs and summer camps



Spring Lake Regional Park

- Paved trail loop
- Dog Off-Leash Area
- Future lakefront development (~2024)
 - Accessible canoe/kayak launch
 - Picnic areas
 - Lakeside observation
 - Trail connection
 - Fishing pier
- City of Prior Lake Pickleball courts



Murphy-Hanrehan Park Reserve

- Much larger park, offering extensive natural landscapes
- Hiking trails
- Mountain biking trails
- Birdwatching
- Snowshoeing and XC skiing in the winter
- Horseback riding trails; horseback group camp
- Dog off-leash area
- Canoe/kayak launch



Big Woods Regional Trail

Northern Central Scott County



- Paved trail connecting Shakopee to Prior Lake to Spring Lake Regional Park and Cleary Lake Regional Park; someday to Murphy-Hanrehan Park Reserve
- New wayfinding kiosks along trail in Shakopee
- Trail planning coming up

The Landing – Minnesota River Heritage Park

Shakopee Area



- Great river views
- Gravel/Dirt Trails
- Historical Interpretation

Free to Enter, Full of Adventure

Free activities:

- Biking*
- Dog Trails
- Fishing*
- Geocaching*
- Hiking
- History Exploration
- Bird-watching
- Mountain biking*
- Sledding*
- Snowshoeing*
- Select Events & Programs

*equipment may be required

Activity Passes (Daily or Annual):

- Archery
- Boating
- Portrait/Professional Photography
- XC Skiing
- Disc Golf
- Dog Off-Leash
- Downhill Skiing
- Golfing
- Horseback riding
- Snowboarding
- Snowmobiling
- Swimming

Parking is always free!



Programming & the Outdoor Recreation School

Anne Jaeger, Outdoor Recreation Supervisor

Program Staff & Operations

- Outdoor Recreation School (ORS)

To create outdoor recreation experiences that connect, inspire and educate for a lifetime of play in the natural world

- Scott County ORS Program Staff:

- 1 Regular staff member (0.8 FTE)
- Rotating seasonal staff (1,900 hours)
- Additional staff support from Outdoor Recreation School staff, supervisor and administrative support

- Partnership support

- Marketing and program registration
- Outdoor Education Leadership



Program Definitions

- **Public Programs** – seasonal offerings anyone can register
 - **Summer Camps**
- **Group Education/Private Programs** – custom programs and field trips for schools, community education groups, before/after school care groups, city park and recreation groups, etc.
 - Built in audiences; schools, before/after school groups, scout groups
 - Registration based; community education and city park and recreation groups

Visitor Experience Model



Paddling Example:

Try it – Free Kayak Demo

Learn it – Flatwater Essentials Kayaking Class

Love it – Rent kayak on their own 1x month

Live it – Purchase kayak



Program Outcomes & Experiences

"One student, AK, had a job interview at San Mar for a promotion that afternoon and he got it! He said the skiing experience improved his confidence and it really helped. There were nine other people vying for the job promotion." – Kathleen O'Neil, SW Metro ABE Instructor



Program Partnerships

- Prior Lake-Savage Schools/Community Education
- SW Metro Intermediate District – Int'l Walking Club
- New Prague Middle School
- City Park and Recreation programs
- Community Education/School Districts
- Scott County Departments (Library, Human Services)

Popular Program Offerings

Winter:

- Snowshoeing

Spring:

- Maple Syruping, Archery, Geocaching, Fishing

Summer:

- Canoeing, Kayaking, Camps

Fall:

- Archery, Geocaching

Themes:

- Full Moon programs, 50+ Adventures, Family



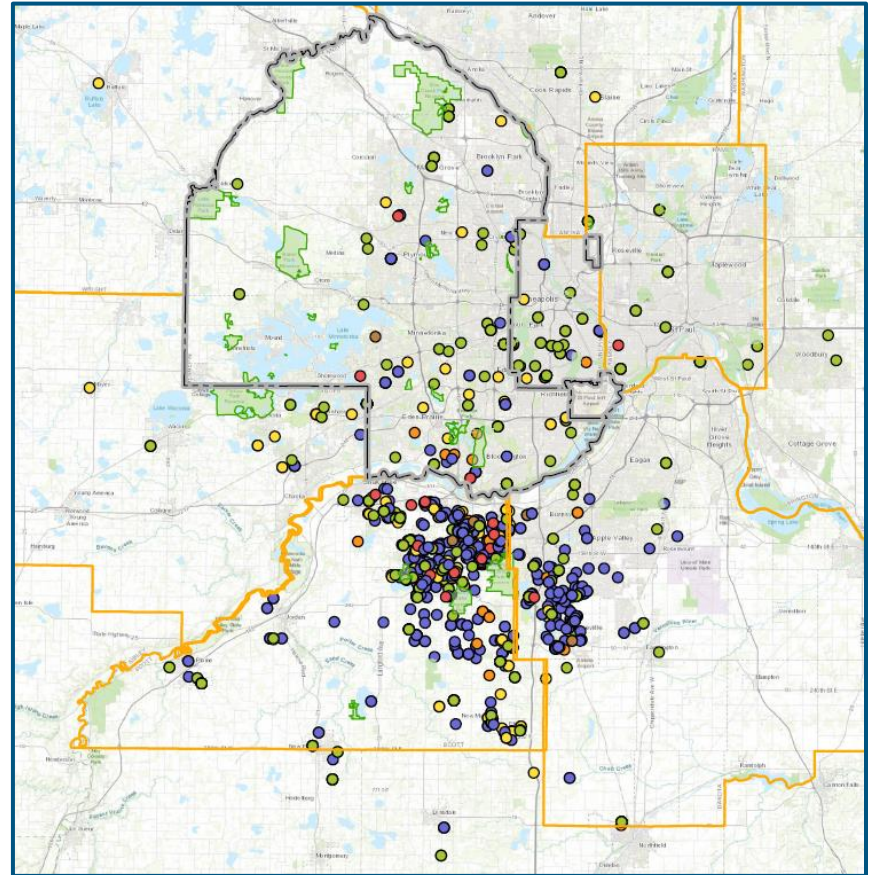
Audience

Public Programs:

- Adult, Family, Youth, Scouts/Homeschool, Camp
 - 60% Youth
 - 40% Adults

Private/Group Education:

- Schools, Scout troops, Kids Co., Community education
 - 80% Youth
 - 20% Adults



What else are we doing?



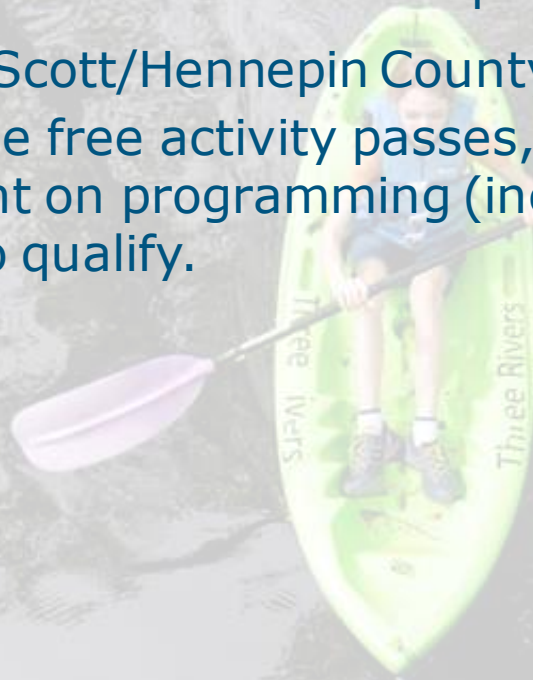
Fee Assistance Programs

Wellness focused opportunities

Outreach & Volunteer Opportunities

What is Rec Pass Plus?

- Application based fee assistance program
- Available for Scott/Hennepin County Residents
- Offers multiple free activity passes, free equipment rental, and a discount on programming (including summer camps!) for those who qualify.



Who is eligible?

Any Scott County Resident that qualifies for the following programs*:

- Supplemental Security Income
- Medical Assistance
- Minnesota Care
- General Assistance (GA)
- Minnesota Supplemental Aid (MSA)
- Emergency Assistance
- Diversionary Work Program
- Minnesota Family Investment Program (MFIP)
- Supplemental Nutrition Assistance Program (SNAP)
- Supplemental Nutrition Program for Women, Infants, and Children (WIC)
- Free and Reduced School Lunch

*(along with Hennepin County Residents and relevant program qualifications)

Interested?



At Three Rivers, adventure doesn't have to cost a thing. All parks are free to enter and offer a variety of activities and programs at no cost.

- Hiking and biking trails
- Picnic areas
- Play areas
- Swimming beaches
- Free Family Fun Days
- Free nature programs
- And much more!

Free Parking

Parking at Three Rivers parks and trails is free for personal vehicles. If you are coming with a group by bus or passenger van, reservations are required and may include fees.

For more information, visit ThreeRiversParks.org/FreeAdventure or call 763.559.6700.



We believe everyone belongs in the parks — to play, explore, discover and enjoy all that nature has to offer! To make these opportunities available for everyone, Three Rivers offers a variety of options for fee assistance to help when financial limitations occur, including the Recreation Pass Plus card.

The Recreation Pass Plus card is a one-year pass available for families and individuals who live in Hennepin and Scott counties. The Recreation Pass Plus card includes:

- Free equipment rentals
- Discounts on programs and events
- Free recreation passes good for archery*, cross-country skiing, disc golf, dog off-leash areas and swim ponds.

*Note: Must provide own equipment for archery.

Eligible participants must live in Hennepin or Scott County and be enrolled in a designated assistance program.

How to Apply

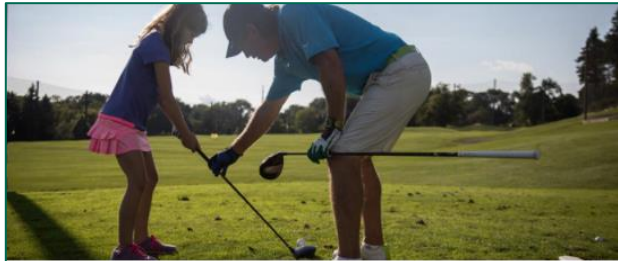
Apply online or call 763.559.6700. For more information, visit ThreeRiversParks.org/feeassistance or call 763.559.6700.

Physical & digital fliers in English and Spanish.

Intro videos in English with Spanish, Hmong, and Somali on the way.

Alysa @
adelgado@co.scott.mn.us

Other Fee Assistance Opportunities



first tee

Golf scholarships are available for First Tee — Three Rivers Park District, a youth development program that combines golf instruction with invaluable life-skills education.



wonder fund

Wonder Fund is a scholarship program that awards mini-grants to help groups and individuals with financial need so they can experience fee-based programs and activities in the parks.



transportation fee assistance

Transportation fee assistance is designed to connect groups with park facilities, programs and natural spaces with an emphasis on new visitors and those who are unable to visit the parks.

For more information, visit:

<https://www.threeriversparks.org/feeassistance>

Healthy Hour Program



Healthy Hour

Free and open to all!

Thursday, October 1, 8-9 AM, Spring Lake, Ages 14+

Thursday, October 15, 5-6 PM, Cleary, Ages 5+

Thursday, October 29, 8-9 AM, Cleary, Ages 14+

Meet in front of the Visitor Center dressed for the weather, no reservation necessary, but registration is encouraged.

Do you know that combining an activity with the outdoors increases physical, mental and emotional well-being? Three Rivers Park District in Partnership with Scott County Public Health invites you to Healthy Hour; a 1-hour, entry-level recreation activity in our park and lead by staff. Plus, participants will also learn about park amenities and resources to support future park use.

For more information or to register call
763.559.6700 or visit ThreeRiversParks.org.



in partnership with



Started out pilot with public offerings

Now, creating private offerings for work groups, organizations, staff groups, providers, schools, etc.

Activities are flexible!



Geocaching



Nordic Walking



Guided Meditation

Who should we be talking to?

Know of a group that would like to get out in the parks? Are you connected with a community that could utilize our assistance programs? Interested in learning more? **Contact us!**

Alysa Delgado - adelgado@co.scott.mn.us
Parks & Natural Resources Coordinator

Anne Jaeger – ajaeger@threeriversparks.org
Outdoor Recreation Supervisor

Patty Freeman – pfreeman@co.scott.mn.us
General Manager of Scott County Parks and Trails

Thank you!
Questions?